

B₁₂ Liquid (Methylcobalamin)

Active, coenzyme form of vitamin B₁₂

Introduction

B₁₂ Liquid (Methylcobalamin) provides essential vitamin B₁₂ to support red blood cell function, cardiovascular and neurologic health.[†] These products are provided in convenient and concentrated liquid forms to support optimal absorption and utilization by the body.

Product features

- Available in an active, coenzyme form. Although cyanocobalamin is a commonly used form of supplemental B₁₂, it is not immediately available for use by the body and must be converted through series of biochemical reactions to be utilized. Methylcobalamin is an active and bioavailable form of vitamin B₁₂.
- Liquid delivery promotes rapid and efficient absorption. When absorbed through the digestive tract, vitamin B₁₂ requires Intrinsic Factor as a transport compound. Increasing age, diet, and certain medications can decrease levels of this carrier and, as a result, negatively affect absorption of vitamin B₁₂. When taken in increased amounts, vitamin B₁₂ can also be absorbed passively and directly into the bloodstream.*
- These products are free of milk, casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soy beans, and contain no artificial colors, flavors, or preservatives.

Background

Vitamin B₁₂ is an essential vitamin involved in red blood cell function, homocysteine regulation, and numerous neurologic processes. Although vitamin B₁₂ may be absorbed from dietary sources including fish, meat, poultry, eggs, and dairy, it is a nutrient of need for many individuals, particularly those who avoid animal-based ingredients or have decreased levels of Intrinsic Factor due to increased age, poor diet, and/or certain medications. Compared to other common forms of supplemental B₁₂, such as cyanocobalamin, active methylcobalamin is available for rapid and efficient absorption.

Formula

1 mg

Supplement Facts

Serving Size 1 Full Dropper (1 mL)
Servings Per Container 30 or 120

Amount Per Dropper	% Daily Value	
Vitamin B ₁₂ (as methylcobalamin)	1 mg	41,667%

Other ingredients: Purified water, glycerin, cranberry and cinnamon flavoring, and ionic copper solution.

CP1180 1 fluid oz. (30 mL)

CP1181 4 fluid oz. (120 mL)

Suggested use

1 or more times daily, place 1 mL (one full dropper) in mouth, hold for thirty seconds and then swallow or as directed by a healthcare professional.

How supplied

30-120 servings per bottle.

Storage

Store in a cool, dry place (59°F to 85°F) away from direct light. Keep out of reach of children.

5 mg

Supplement Facts

Serving Size 1 Full Dropper (1 mL)
Servings Per Container 120

Amount Per Dropper	% Daily Value	
Vitamin B ₁₂ (as methylcobalamin)	5 mg	208,333%

Other ingredients: Purified water, glycerin, cranberry and cinnamon flavoring, and ionic copper solution.

CP1185 4 fluid oz. (120 mL)

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.