

PRODUCT PROSPECTUS

Clarity and Cognition



CLARITY AND COGNITION

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PURITY | POTENCY | PERFORMANCE



Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

The Klaire Labs® Story



According to all who knew her, Claire Farr was a tireless crusader, genuine humanitarian, and dynamic entrepreneur with a “commitment to excellence for the nutritionally aware.”

In 1969, driven by a personal struggle with severe food allergies and environmental sensitivities, Claire Farr set out on a mission to formulate and manufacture the highest quality, hypoallergenic nutritional supplements possible. As many dedicated entrepreneurs do, Claire set up shop in her own home in Carlsbad, California and Klaire Labs was born.

In her quest to develop a line of nutraceuticals that sensitive individuals could reliably tolerate, Claire initially focused on single ingredient formulations. Unlike most nutritional supplement manufacturers at the time, Claire purchased only pharmaceutical grade raw ingredients selected specifically for maximum purity and bioavailability. She avoided the use of fillers and synthetic ingredients, while focusing on natural and synergistic constituents. The medical community began to take notice.

By this time, demand was growing for environmental, nutrition-focused, and integrative medical practitioners. As such, Claire and her unique products gained the attention and respect of a number of prestigious complementary medicine proponents. Word of consistently reliable outcomes spread, allowing Claire’s home-based start-up to grow into a new manufacturing facility, expanding her capabilities to include bottling and custom formulations. It was not until 1983 that Claire introduced her first probiotic, a product category that ultimately became her most successful. Klaire Labs’ Ther-Biotic® formulations remain a leading professional brand to this day.

In 2004, Klaire Labs was sold to ProThera®, Inc. ProThera, Inc. was in turn acquired by Soho Flordis International (SFI) in 2013. SFI’s philosophy to empower healthcare providers with better, natural options aligned quite naturally with that of Claire Farr. Having dedicated their lives’ work to similar goals, the SFI founders represented a renewed commitment to, and a tangible investment in, Claire’s founding principles.

In 2017, SFI USA (comprised of the three originating companies: ProThera, Inc., Klaire Labs, and Complementary Prescriptions) christened a new >75,000 square foot, state-of-the-art manufacturing facility, including expanded scientific and support resources, advanced quality tools, and modernized processes.

Although SFI has acquired several exceptionally discriminating, independent nutraceutical manufacturers across the globe in recent years, shared values are the common thread. In the spirit of honoring the past as we embrace the future, all products manufactured at SFI USA in Reno, Nevada are now unified under the Klaire Labs brand and guiding philosophy.



Cognition & Memory Support

NeuroThera™

Supports mental clarity and whole-brain communication†

This multi-ingredient formula combines potent neuronutrients that support increased mental clarity and facilitate communication between the left (verbal/logical) and right (spatial/creative) hemispheres of the brain.† The combination of complementary nootropic ingredients in NeuroThera offers a broad spectrum of adaptogenic cognitive support through multiple mechanisms, including neuroprotection, mitochondrial capacity, blood flow, and healthy neurotransmitter balance.

SUGGESTED USE: 2 tablets daily with food or as directed by a healthcare professional.



Supplement Facts

Serving Size 2 Tablets

Amount Per 2 Tablets	% Daily Value	
Choline (as L-alpha-GPC)	50 mg	9%
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	500 mg	*
Glutamine (free form)	250 mg	*
L-Pyroglutamic Acid	100 mg	*
L-Tyrosine (free form)	250 mg	*
DMAE (as dimethylaminoethanol bitartrate)	100 mg	*
Ashwagandha Extract (<i>Withania somnifera</i>) (root) (standardized to 1.5% withanolides)	100 mg	*
Blueberry Concentrate (<i>Vaccinium corymbosum</i>) (fruit) (standardized to 15% anthocyanins)	100 mg	*
Ginkgo Extract (<i>Ginkgo biloba</i>) (leaf) (standardized to 24% flavone glycosides and 6% terpene lactones)	80 mg	*
Eleuthero Extract (<i>Eleutherococcus senticosus</i>) (root) (standardized to 0.8% eleutherosides)	100 mg	*
Glycerophosphocholine (GPC) Complex (<i>Glycine max</i>) (soybeans) (standardized to 50% L-alpha-GPC)	250 mg	*
Phosphatidylserine† (<i>Helianthus annuus</i>) (from sunflower lecithin) (seed)	50 mg	*

*Daily Value not established.

Other ingredients: Silicon dioxide, cellulose, stearic acid, croscarmellose sodium, magnesium stearate, and cellulose coating.

†Sharp-PS® GREEN brand, a registered trademark of Enzymotec, Ltd.



CONTAINS SOY.

NRO 60 tablets

† These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

MitoThera™ Capsule Formula

Focused support for mitochondrial energy production†

One of the most overlooked factors underlying the body's aging process is the dysfunction of cellular mitochondria. The ability of mitochondria to sustain the high energy demands of the brain, liver, heart, muscles, endocrine glands, and other tissues can be compromised by many factors, including exposure to toxins, inadequate antioxidant intake, illness, genetic factors, and a decline in cellular function with increasing age. The accumulated effects of oxidative damage can disrupt mitochondrial membranes and damage lipids, DNA, and proteins, resulting in suboptimal functioning of affected organ systems. MitoThera supplies key nutrients and energy substrates to protect against free radicals and assist mitochondria in performing their critical functions most efficiently.†



Capsules

SUGGESTED USE: 4 capsules daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 4 Capsules

Amount Per 4 Capsules	% Daily Value	
Magnesium (as magnesium malate complex)	45 mg	11%
Sodium (as sodium succinate)	85 mg	4%
Coenzyme Q ₁₀ (ubiquinone)	50 mg	*
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	200 mg	*
N-Acetyl-L-Cysteine	100 mg	*
Alpha-Lipoic Acid	100 mg	*
Creatine Monohydrate	200 mg	*
Malic Acid (as magnesium malate complex)	160 mg	*
Quercetin (as quercetin dihydrate) (derived from Japanese pagoda tree) (<i>Sophora japonica</i>) (flower extract)	125 mg	*
Red Grape Extract (<i>Vitis vinifera</i>) (seed, skin, fruit/pulp) (full-spectrum phytonutrients, includes trans-resveratrol)	25 mg	*
Succinic Acid (as disodium succinate)	215 mg	*
Lecithin (soy)	125 mg	*
Phosphatidylcholine	50 mg	*

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, microcrystalline cellulose, and silicon dioxide.

MTOC 120 capsules

WARNING: This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food

Brain Vibrance Supreme™ Powder

Supports processing speed and accuracy†

This potent combination of three important brain nutrients supports information processing speed and retention accuracy. Brain Vibrance Supreme Powder supplies 300 mg of elemental phosphatidylserine, 1,200 mg of elemental glycerophosphocholine (GPC), and 1,500 mg of acetyl-L-carnitine per daily serving—precisely the same amounts used in numerous human clinical trials. This combination effectively supports memory, input processing speed and accuracy, neuronal metabolism, and cell membrane fluidity/stability.



SUGGESTED USE: 1 rounded scoop of powder once or twice per day, preferably with a small meal.

Supplement Facts

Serving Size 1 Rounded Scoop (3 grams) • Servings Per Container 30

Amount Per Rounded Scoop	% Daily Value	
Vitamin C (as ascorbyl palmitate)	12 mg	20%
Magnesium (as magnesium citrate)	80 mg	20%
Acetyl-L-Carnitine HCl	750 mg	*
Glycerophosphocholine (GPC)	600 mg	*
Phosphatidylserine	150 mg	*

*Daily Value not established.

Other ingredients: Silicon dioxide.

CONTAINS SOY.

CR10192 3.3 oz. (90.1 grams) powder

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

CDP Choline

Supports cerebral blood flow, learning, memory, and visual acuity[†]

CDP choline has shown efficacy in supporting cerebral blood flow, improved learning ability, memory accuracy, and visual acuity.[†] CDP Choline, also known as citicoline or cytidine diphosphate choline, is a cholinergic, nootropic agent that increases levels of acetylcholine in the brain.[†] It has well-documented neuroprotective effects,[†] supports glutathione synthesis and activity, and maintains mitochondrial cardiolipin levels which support healthy mitochondrial membranes.[†]

CDP choline has been the subject of numerous clinical trials and reviews over many decades. In human trials, citicoline is perhaps best known to support cognitive function in susceptible elderly persons with normal cerebrovascular function. It has been studied in tens of thousands of subjects, demonstrating beneficial effects in cerebral blood flow, recovery from brain trauma, the promotion of oxygen supply to brain tissue, cognition and motor function, learning and memory, the intake of substances of abuse, and visual acuity.[†]

SUGGESTED USE: 1 capsule daily or as directed by a healthcare professional.

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Capsule	
Cytidine 5-diphosphocholine (Cognizin [®] CDP Choline)	250 mg*
*Daily Value not established.	

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water) and arabinogalactan (*Larix laricina*) (larch tree wood) (polysaccharide extract).

[†]Cognizin[®] is a registered trademark of Kyowa Hakko Bio Co., Ltd.



CP1291 60 capsules

Acetyl-L-Carnitine (250 mg & 500 mg)

Supports healthy cerebral aging and nerve function[†]

Research on this acetylated derivative of L-carnitine has centered largely on its role in maintaining brain and nerve function during aging.[†] The acetyl group improves transport across the blood-brain barrier, while the L-carnitine component carries fatty acids into the mitochondria of nerve cells for use in energy production.[†] Other actions benefit membrane stability, the production of nerve growth factor, and cerebral blood flow.[†] Several clinical trials have demonstrated that ALC supplementation preserves and improves overall cognitive function in the elderly.[†]

250 mg

SUGGESTED USE: 1 capsule daily or as directed by a healthcare professional.

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Capsule	
Acetyl-L-Carnitine (as acetyl-L-carnitine hydrochloride)	250 mg *
*Daily Value not established.	

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, silicon dioxide, and cellulose.

V941-10 100 vegetarian capsules

500 mg

SUGGESTED USE: 1 capsule, 1 to 3 times daily or as directed by a healthcare professional.

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Capsule	
Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	500 mg*
*Daily Value not established.	

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, L-leucine, and silicon dioxide.

ALC9 90 capsules



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Botanical Formulations

Acumen

Supports working memory and retention[†]

This high-potency, standardized, whole-plant *Bacopa Monnieri* extract, CDRI 08[®], is clinically demonstrated to support working memory and retention.

Bacopa monnieri, commonly known as Brahmi, is an adaptogenic, nootropic plant. CDRI 08 is the most extensively researched bacopa extract and has been shown to support cognitive function, spatial working memory, new information retention, stress management, and mood.[†] Each serving of Klaire Labs' Acumen contains 320 mg of CDRI 08 *Bacopa monnieri* extract. With a cleaner label formulation compared to sister brand KeenMind[®], Acumen is well-tolerated by adults and children 7 years of age and older with no stimulant effects.

SUGGESTED USE: Adults: 2 capsules daily with food, preferably in the morning with breakfast, or as directed by a healthcare professional. Children over 7 years: 1 capsule daily with food, preferably in the morning with breakfast. Children 4-7 years: Consult a healthcare professional.

Supplement Facts	
Serving Size 2 Capsules	
Amount Per 2 Capsules	% Daily Value
Bacopa Extract (<i>Bacopa monnieri</i>) (whole plant: aerial) CDRI 08* [†]	320 mg *
*Daily Value not established.	

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and silicon dioxide.

ACU 60 vegetarian capsules



Ginkgo Biloba

Supports mood and energy[†]

This standardized Ginkgo biloba formulation helps support positive mood and increased energy levels.[†] Standardized to 24% ginkgo flavone glycosides and 6% terpene lactones, these bioactive constituents of ginkgo support neuroprotective and mitochondrial-protective effects through antioxidant and cytokine modulatory mechanisms which have been shown to positively influence cognitive function, mood, and energy levels.[†] Klaire Labs' Ginkgo biloba is certified pure and guaranteed to contain less than 1% ginkgolic acid.

SUGGESTED USE: 1 capsule, 1 to 3 times daily with food or as directed by a healthcare professional. For maximum benefit, use for a minimum of 2 months and continue as long as needed.

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Capsule	
Ginkgo Extract (Ginkgo biloba) (leaf) (standardized to 24% flavone glycosides and 6% terpene lactones)	80 mg*
*Daily Value not established.	

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), magnesium stearate, and silicon dioxide.

GKB 90 vegetarian capsules



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Theraflavone™

Supports neuro-cognitive performance†

TheraFlavone is formulated to provide a wide selection of flavonoids and antioxidants from herbal extracts with well-documented biochemical actions. Only full-spectrum extracts are included, preserving the synergistic activity of the total complement of phytonutrient compounds. Evidence suggests that flavonoids support against age-related neuro-cognitive decline through their ability to interact with the cellular and molecular architecture of the brain responsible for memory and by reducing the neurodegenerative process.†

SUGGESTED USE: 1 capsule, 1 to 4 capsules daily with food or as directed by a healthcare professional.

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Capsule	% Daily Value	
Calcium (as calcium carbonate)	15 mg	1%
French Maritime Pine Extract (<i>Pinus pinaster</i>) (bark) Pycnogenol®†	5 mg	*
Red Grape Extract (<i>Vitis vinifera</i>) (seed, skin, fruit/pulp) (full-spectrum phytonutrients, includes <i>trans-resveratrol</i>)	100 mg	*
Bilberry Extract (<i>Vaccinium myrtillus</i>) (fruit) (standardized to 25% anthocyanosides)	60 mg	*
Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (standardized to 50% total polyphenols)	180 mg	*
Ginkgo Extract (<i>Ginkgo biloba</i>) (leaf) (standardized to 24% flavone glycosides and 6% terpene lactones)	40 mg	*
Milk Thistle Extract (<i>Silybum marianum</i>) (seed) (standardized to 80% silymarin)	100 mg	*
Citrus Bioflavonoid Complex (<i>Citrus aurantium</i>) (peel and fruit) (standardized to 50% hesperidin bioflavonoids)	125 mg	*

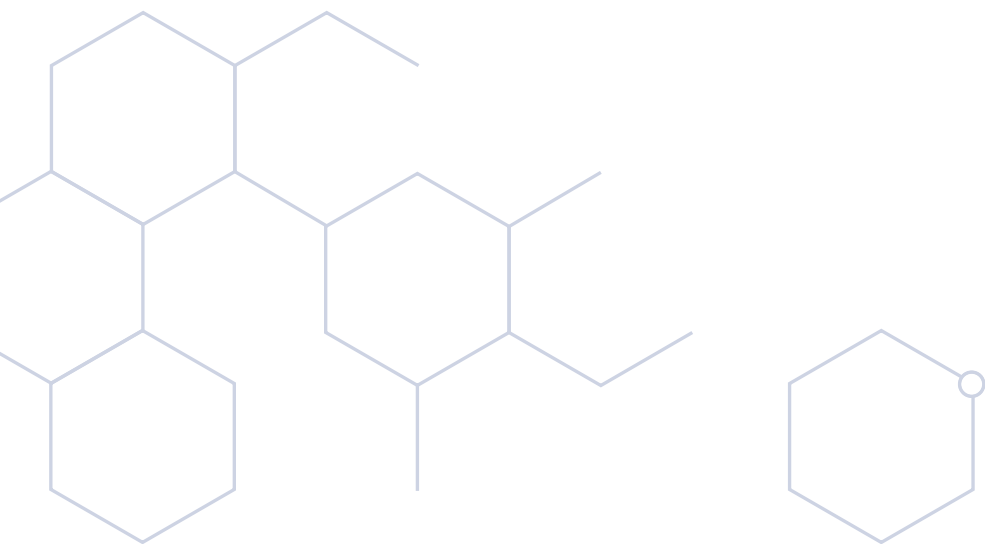
*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water) and silicon dioxide.

†Pycnogenol® is a registered trademark Horphag Research Ltd. Use of this product is protected by one or more U.S. patents and other international patents.

TFV 60 vegetarian capsules

WARNING: This product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food



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Fatty Acids and Phospholipid Blends

Omega Fatty Acids

Omega fatty acids are clinically demonstrated to provide a multitude of benefits, including neuroendocrine, cognitive, and mood support.

Eicosamax® TG

Ultra-pure, sustainable fish oil

The Klaire Labs' Eicosamax TG line of essential fatty acids provides concentrated triglyceride-form omega-3 EPA, and DHA derived from fish oil. Omega-3 fatty acids are often called “good fats” due to the numerous roles they play in supporting health, including supporting a balanced inflammatory response, assisting triglyceride metabolism, and supporting heart, joint, skin, brain, and nerve function.[†]

Each batch of Eicosamax TG is responsibly and sustainably harvested and independently tested for mercury, pesticides, and PCBs to assure exceptional oil purity. Anaerobic bottling, natural lemon flavoring, as well as added mixed tocopherol antioxidants protect against oxidation, maintain product freshness, and ensure a fresh, non-fishy taste.



Softgels

SUGGESTED USE: 1 softgel, 1 to 3 times daily with food or as directed by a healthcare professional.

Supplement Facts		
Serving Size 1 Softgel		
Amount Per Softgel	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%**
Saturated Fat	<0.5 g	<1%**
Polyunsaturated Fat	1 g	*
Marine Fish Oil Concentrate (highly refined)	1,100 mg	*
Total Omega-3 Fatty Acid (as triglycerides)	650 mg	*
EPA (eicosapentaenoic acid as triglyceride)	360 mg	*
DHA (docosahexaenoic acid as triglyceride)	240 mg	*

*Daily Value not established.
**Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Gelatin, water, glycerin, natural lemon flavor, and natural mixed tocopherols.

Contains: Fish (highly refined oil from anchovy, sardine, and mackerel).

EMXTG 60 softgels

EMXTG120 120 softgels

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Eicosamax® TG Liquid

Ultra-pure, sustainable fish oil

Eicosamax TG Liquid provides concentrated triglyceride-form omega-3 EPA, and DHA derived from fish oil. Each batch of Eicosamax TG Liquid is responsibly and sustainably harvested and independently tested for mercury, pesticides, and PCBs to assure exceptional oil purity. Anaerobic bottling, natural lemon flavoring, as well as added mixed tocopherol antioxidants protect against oxidation, maintain product freshness, and ensure a fresh, non-fishy taste.

Liquid

SUGGESTED USE: 1 teaspoon daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Teaspoon (Approx. 5 mL) • Servings Per Container 30

Amount Per Teaspoon	% Daily Value	
Calories	40	
Calories from Fat	40	
Total Fat	4.5 g	6%**
Polyunsaturated Fat	3 g	*
Cholesterol	20 mg	7%
Marine Fish Oil Concentrate (highly refined)	4,600 mg	*
Total Omega-3 Fatty Acid (as triglycerides)	2,800 mg	*
EPA (eicosapentaenoic acid as triglyceride)	1,400 mg	*
DHA (docosahexaenoic acid as triglyceride)	925 mg	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet. Daily Value not established.

Other ingredients: Natural lemon flavor, natural mixed tocopherols, rosemary extract, and ascorbyl palmitate.

Contains: Fish (highly refined oil from anchovy, sardine, and mackerel).

EMLTG 5 fluid oz. (150 mL)



Marine Fish Oil

300 mg EPA / 200 mg DHA per softgel

Marine Fish Oil is a concentrated product supplying 50% EPA/DHA content that is molecularly distilled to ensure the removal of heavy metals (mercury, lead, etc.), pesticides, and other contaminants. Each 1 g softgel supplies a guaranteed-minimum amount of unflavored 300 mg EPA and 200 mg DHA, verified by independent analysis. This formulation is cholesterol-free.

SUGGESTED USE: 1 softgel, 1 to 4 times daily with food or as directed by a healthcare professional. **Caution:** If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of the reach of children.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%**
Polyunsaturated Fat	1 g	*
Vitamin E (as RRR-alpha tocopherol)	3.3 mg	22%
Marine Fish Oil Concentrate (anchovy, sardine and/or mackerel)	1 g	*
Supplying the following omega-3 fatty acids:	Compound Weight Δ	FFA Weight $\Delta\Delta$
Eicosapentaenoic Acid (EPA)	300 mg	270 mg
Docosahexaenoic Acid (DHA)	200 mg	180 mg

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, and water.

Δ Amounts reported as weight of the fatty acid compound.

$\Delta\Delta$ Amounts reported as free fatty acid (FFA) equivalents by weight in accordance with GOED Voluntary Monograph.

MAR 100 softgels



[†] These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Phosphatidyl Serine SF

Supports sharpened attention and healthy stress response[†]

This soy-free formulation has shown efficacy in sharpened attention and healthy response to stress. Phosphatidylserine, the most abundant phospholipid in the human brain, supports neuronal cell integrity by providing the building blocks needed for cell membrane structure and function.[†] It has also been documented to increase the availability of choline for the synthesis of acetylcholine, an important neurotransmitter involved in memory and learning.[†] Several clinical trials have shown that PS supplementation supports cognitive function in children with attention-related issues and in aging individuals. It has also been clinically shown to support healthy endocrine and adrenal responses to mental stress.[†]

SUGGESTED USE: 1 capsule, 1 to 2 times daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Phosphatidylserine (from sunflower lecithin) [†]	100 mg*
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*Daily Value not established.

Other ingredients: Cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), silicified microcrystalline cellulose, silicon dioxide, L-leucine, maltodextrin, mixed tocopherols, and ascorbyl palmitate.

[†]Sharp-PS[®] is a registered trademark of Enzymotec Ltd.



PSF 60 capsules

PhosSerine-DHA Supreme™

Supports cognitive clarity[†]

PhosSerine-DHA Supreme is a conjugated phosphatidylserine-omega-3 DHA complex that closely resembles naturally occurring compounds within the brain. Clinical research has shown this complex can increase omega-3 fatty acid bioavailability to the brain and act synergistically to support neurological structure, neurotransmission, and enhanced cognition.[†]

SUGGESTED USE: 1 capsule up to five times per day.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Phosphatidylserine-DHA Complex (Sharp-PS [®] Gold [†])	269 mg*
PS (phosphatidylserine)	115 mg*
DHA (docosahexaenoic acid)	16 mg*

*Daily Value not established.

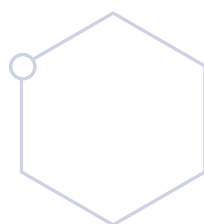
Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), silicon dioxide, and magnesium stearate.

[†]Sharp-PS[®] and Sharp-PS[®] GOLD are registered trademarks of Enzymotec Ltd.



CONTAINS SOY AND FISH (HERRING).

CR10360 60 vegetarian capsules



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Vitamins and Minerals

Vitamins and Minerals

Several clinical trials have shown that Folic Acid, Vitamin B₁₂, and Vitamin B₆ supplementation promotes improvement in cognitive function and memory.

Active B Trio™

Activated B₁₂, folate, and B₆

Active B Trio supplies the bioactive forms of three essential B vitamins, including vitamin B12, folate, and vitamin B6, in small, easy-to-swallow, vegetarian capsules. This formula is designed to support healthy cognitive and nerve function, healthy methylation and energy metabolism, and healthy homocysteine metabolism.[†]

SUGGESTED USE: 1 capsule daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	% Daily Value	
Vitamin B ₆ (as pyridoxal 5'-phosphate)	25 mg	1,471%
Folate (as Metafolin® L-5-methyltetrahydrofolate)	1,360 mcg DFE (800 mcg)	340%
Vitamin B ₁₂ (as methylcobalamin)	1,000 mcg	41,667%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, L-leucine, and silicon dioxide.

[†]Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



ABT 60 capsules

Active B Complex™

A full complement of high-potency essential B vitamins

Active B Complex supports healthy homocysteine metabolism, healthy methylation and energy metabolism, and a healthy stress response. It supplies a full complement of high-potency essential B vitamins in their bioavailable coenzyme forms. Methylcobalamin requires no conversion to act as a metabolic cofactor and thus may be a superior choice for individuals wishing to improve the absorption, blood transport, and cellular utilization of vitamin B12.[†] The inclusion of Metafolin®‡ L-5-methyltetrahydrofolate (L-5-MTHF), a reduced and bioactive form of folic acid, ensures more immediate effects on metabolism.[†] Benfotiamine, the lipid-soluble form of B1, is also included, together with active forms of B2 (as riboflavin 5'-phosphate) and B6 (as pyridoxal 5'-phosphate).

SUGGESTED USE: 1 capsule daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	% Daily Value	
Thiamin (as benfotiamine)	50 mg	4,167%
Riboflavin (as riboflavin 5'-phosphate)	20 mg	1,538%
Niacin (67% as niacinamide and 33% as niacin)	60 mg NE	375%
Vitamin B ₆ (as pyridoxal 5'-phosphate)	20 mg	1,176%
Folate (as Metafolin® L-5-methyltetrahydrofolate)	680 mcg DFE (400 mcg)	170%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%
Biotin (as D-biotin)	300 mcg	1,000%
Pantothenic Acid (as calcium D-pantothenate)	50 mg	1,000%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water) microcrystalline cellulose, and silicon dioxide.

[†]Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



ABC 60 capsules

[†] These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Magnesium Glycinate Complex

Supports neurological function and rejuvenation†

Magnesium bisglycinate chelate is a highly bioavailable form of elemental magnesium that is well-tolerated by the most sensitive individuals. For many people, the RDA is insufficient, and most Western diets do not provide optimal amounts of this critical nutrient. Magnesium supplementation has been shown to support a wide range of functions, including healthy neurological function, sleep, and relaxation.†

SUGGESTED USE: 1 capsule, 1 to 3 times daily or as directed by a healthcare professional.

Supplement Facts		
Serving Size 1 Capsule		
Amount Per Capsule		% Daily Value
Magnesium (as TRAACS® magnesium bisglycinate chelate, magnesium oxide [†])	100 mg	24%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, and silicon dioxide.

[†]Albion® Laboratories.

V827-10 100 vegetarian capsules



Contact us and order today

klaire.com | 888 488 2488

Available through licensed healthcare professionals.

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Cognition Table

Ingredient	Cognitive Support	Mechanism/s of Action	Products with these ingredients
Acetyl-L-Carnitine	Alertness. Memory. Concentration.	Enhances nerve cell function, acetylcholine production. Antioxidant. Supports mitochondrial capacity and cellular energy production. ¹⁻⁵	Acetyl-L-Carnitine Brain Vibrance Supreme NeuroThera
Alpha Lipoic Acid	Cognition. Neuroprotection. Healthy aging.	Antioxidant. Supports healthy inflammation modulation and blood flow. Promotes cellular energy production. Supports healthy acetylcholine and glutathione levels. ⁶⁻¹⁰	MitoThera
Ashwagandha	Healthy stress response. Focus.	Adaptogen. Neuroprotective. Healthy inflammation modulation. Supports cellular health and energy production. ¹¹⁻¹⁴	NeuroThera
Alph-GPC / Glycerophosphocholine (GPC)	Cognition. Learning. Memory formation.	Supports membrane phospholipids and nerve sheath structure. Supports healthy acetylcholine levels. ¹⁵⁻¹⁷	Brain Vibrance Supreme CDP Choline NeuroThera
Bacopa monnieri	Memory formation and retention. Calm focus. Healthy stress response.	Nootropic. Antioxidant. Adaptogen. Healthy inflammation modulation. Supports healthy acetylcholine, dopamine, glutamine, and serotonin levels. ¹⁸⁻²⁰	Acumen
Benfotiamine	Cognition. Healthy aging.	Antioxidant. Healthy inflammation modulation. Supports nerve structure and function. ²¹⁻²³	Active B Complex
Blueberry / Bilberry concentrate	Memory. Learning. Healthy aging.	Anthocyanin antioxidant. Supports healthy neurotransmission. Supports vascular integrity, blood flow, cellular health, and neural response. ²⁴⁻²⁸	MitoThera NeuroThera
Citrus Bioflavonoid Complex	Memory. Healthy aging. Cognition. Executive function and psychomotor speed.	Antioxidant. Supports healthy cerebral blood flow. Supports executive function and psychomotor speed. Neuroprotective. Healthy inflammation modulation. Supports arterial structure integrity and cellular health. ²⁹⁻³⁵	Theraflavone
Coenzyme Q10	Learning. Memory. Recall.	Antioxidant. Supports healthy tissue oxygenation and integrity. Supports mitochondrial energy production. Supports blood vessel integrity and flow. ³⁶⁻⁴⁰	MitoThera
Creatine Monohydrate	Learning. Memory. Mood regulation. Alertness.	Antioxidant. Supports Healthy inflammation modulation, brain energy metabolism, blood flow, and oxygen utilization. Supports ATP production, neuronal membrane conductivity, and blood flow. ⁴¹⁻⁴³	MitoThera
DHA	Neurological development and function. Healthy stress response. Healthy aging.	Healthy inflammation modulation. Supports cellular structure integrity and function. Supports healthy lipid balance, and provides essential nutrients for neurological, endothelial, and immune system function. ⁴⁴⁻⁵²	PhosSerine-DHA Supreme
DMAE (dimethylaminoethanol bitartrate)	Cognition.	Antioxidant. Supports healthy nerve activity and acetyl choline levels. ⁵³⁻⁵⁵	NeuroThera
Eleuthero root (Siberian ginseng)	Mental endurance and performance. Healthy stress response. Cognition. Healthy aging.	Adaptogen. Antioxidant. Supports healthy levels of neurotransmitters serotonin, noradrenaline, and dopamine through catecholaminergic pathways. Supports healthy immunity, nerve cell signaling and function. ⁵⁶⁻⁶²	NeuroThera
Folate	Cognition. Balanced mood. Healthy aging.	Supports healthy methylation and homocysteine metabolism. Supports healthy mood and inflammation modulation. ⁶³⁻⁶⁹	Active B Complex Active B Trio
Ginkgo Biloba	Attention. Cognition. Working memory. Mental processing accuracy. Healthy sleep. Healthy aging.	Antioxidant. Supports blood flow to neurological tissues, and tone of blood vessels. ⁷⁰⁻⁷⁶	Ginkgo Biloba NeuroThera Theraflavone
Glutamine	Cognition.	Supports neural function. Supports healthy glutathione production, acid/base balance, nucleotide synthesis, and healthy blood sugar balance. Supports production and balance of neurotransmitters glutamate and gamma-aminobutyric acid (GABA). ⁷⁷⁻⁸⁰	NeuroThera

Ingredient	Cognitive Support	Mechanism/s of Action	Products with these ingredients
Green Tea Extract	Cognition. Balanced mood. Healthy stress response.	Antioxidant. Healthy inflammation modulation. ⁸¹⁻⁸⁶	Theraflavone
L-Pyroglutamic Acid	Cognition. Memory.	Supports healthy acetylcholine and GABA neurotransmitter levels. Facilitates communication between the left and right hemispheres of the brain. ⁸⁷⁻⁸⁹	NeuroThera
L-Tyrosine	Working memory. Cognition. Healthy stress response.	A precursor to catecholamine synthesis (norepinephrine, epinephrine and dopamine). ⁹⁰⁻⁹³	NeuroThera
Magnesium	Balanced mood. Healthy stress response. Healthy sleep.	Electrolyte and mineral cofactor in over 300 enzymatic reactions, including adenosine triphosphate (ATP) metabolism, DNA and RNA synthesis, and protein synthesis. Supports healthy mood and sleep patterns. Supports healthy tissue oxygenation, blood pressure, insulin metabolism, vasomotor tone, nerve transmission and neuromuscular conduction. ⁹⁴⁻⁹⁸	Brain Vibrance Supreme Magnesium Glycinate Complex MitoThera
Milk Thistle	Detoxification support.	Antioxidant and anti-inflammatory. Neuroprotective. Supports healthy detox and metabolic function. ⁹⁹⁻¹⁰²	MitoThera
N-Acetyl-L-Cysteine	Balanced mood. Healthy stress response.	Antioxidant. Neuroprotective. Healthy inflammation modulation. Supports immune system function and vascular integrity. Supports mitochondrial function, recovery. ¹⁰³⁻¹¹¹	MitoThera
Niacin	Detoxification support. Healthy aging.	Precursor for cellular REDOX reactions. Antioxidant. Supports healthy nicotinamide adenine dinucleotide (NAD+) levels and healthy inflammation modulation. ¹¹²⁻¹¹⁵	Active B Complex
Phosphatidylserine	Cognition. Working memory. Healthy stress response.	Contributes to cellular fluidity and supports healthy neurotransmission and brain cell-to-cell communication. ¹¹⁶⁻¹¹⁹	Brain Vibrance Supreme NeuroThera Phosphatidyl Serine SF PhosSerine-DHA Supreme
Pycnogenol Pine Bark	Cognition. Attention and concentration. Healthy aging. Jet lag recovery.	Antioxidant. Healthy inflammation modulation. Supports healthy circulation, and endothelium relaxation via Nitric Oxide (NO) levels. ¹²⁰⁻¹²⁵	Theraflavone
Quercetin	Neuroprotective.	Antioxidant. Supports healthy histamine levels, and healthy inflammation modulation. Supports mitochondrial health. ¹²⁶⁻¹²⁹	MitoThera
Red Grape (resveratrol)	Cognition. Memory.	Antioxidant. Supports healthy inflammation metabolism. Supports cerebral blood flow and reduces mitochondrial lipid peroxidation. Supports glucose metabolism and hippocampal connectivity. ¹³⁰⁻¹³⁴	MitoThera Theraflavone
Vitamin B5 (Pantothenic Acid)	General Health.	Support healthy detoxification. Supports neurotransmitter and coenzyme A synthesis. Supports cellular energy production. ¹³⁵⁻¹³⁷	Active B Complex
Vitamin B6 (pyridoxine)	Balanced mood. Memory and recall. Healthy sleep.	Supports healthy oxidation modulation and healthy neurotransmitter levels. Important cofactor for healthy inflammation modulation. ¹³⁸⁻¹⁴⁴	Active B Complex Active B Trio
Vitamin B12 (cobalamin)	Cognition. Healthy sleep.	Supports nerve cell activity, DNA replication, and production of SAMe. Acts with folic acid and vitamin B6 to control homocysteine metabolism. Supports mitochondrial energy production and nerve function. ¹⁴⁵⁻¹⁴⁸	Active B Complex Active B Trio
Vitamin C	General health. Healthy stress response.	Antioxidant. Supports healthy inflammation metabolism in neurological tissues. Stimulates nitric oxide production, cerebral blood flow and reduces mitochondrial lipid peroxidation. Supports healthy catecholamine synthesis, iron, tyrosine, and L-carnitine metabolism, and synthesis of lipids and proteins. ¹⁴⁹⁻¹⁵³	Brain Vibrance Supreme

*References available on back cover

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