

PROBIOTIC SUPPORT FOR  
A WOMAN'S SPECIAL NEEDS



# Ther-Biotic® Women's Formula

Multispecies probiotic to support a woman's  
genitourinary microbiota health†

Ther-Biotic® Women's Formula is a high-CFU, hypoallergenic blend of 10 certified probiotic species specifically formulated to support a woman's genitourinary system.† Seven specific *Lactobacillus* species and 3 *Bifidobacterium* species are included for their role in promoting dominance of normal indigenous vaginal microbiota, enhancing a healthy acidic vaginal pH, and supporting vaginal health and comfort.

## Helps maintain or restore a healthy vulvovaginal microbiota†

The presence of *Lactobacillus* and *Bifidobacterium* species is essential to a healthy genitourinary system for girls and women. Lactobacilli modulate the mucosal immune response, secrete biosurfactants, disrupt biofilm formation, produce lactic acid to restore a healthy vaginal pH, and generate bacteriocins.† Certain *Lactobacillus* and *Bifidobacterium* species also secrete short-chain fatty acids and hydrogen peroxide, which further support the proliferation of beneficial microorganisms. Ther-Biotic® Women's Formula provides a variety of lactobacilli and bifidobacteria normally found in the vaginal microbiota, important to maintaining vaginal and urinary tract health.†

## Promotes a healthy, acidic vaginal pH†

The high lactic acid production by *Lactobacillus* species encourages a healthy,

acidic vaginal pH of between 3.8 and 4.5. This acidity helps protect the vaginal microbiota.† When *Lactobacillus* species become less dominant, a change to more alkaline conditions in the vaginal pH occurs and occasional vaginal itching, discomfort, and discharge may occur. Menstruation, pregnancy, oral contraceptive use, and menopause are some of the factors that can affect the normal vaginal pH.

## Supports healthy yeast and bacterial balance†

Ther-Biotic® Women's Formula includes *Lactobacillus acidophilus*, *L. gasseri*, and *L. rhamnosus* as these species produce

hydrogen peroxide and lactic acid to shift vaginal pH toward a healthy, acidic range.† *Lactobacillus brevis*, *L. plantarum*, *L. salivarius*, and *L. casei*, all normally found in the vaginal microbiota, also produce lactic acid to help create conditions for the dominance of normal indigenous vaginal lactobacilli. *Bifidobacterium bifidum*, *B. longum*, and *B. breve* are normal constituents of the vaginal microbiota to support genitourinary microbiota health.†



- Formulated for girls and women of all ages
- Certified *Lactobacillus* and *Bifidobacterium*
- Supplies 25 billion CFU per vegetarian capsule
- InTactic® delivery system protects viability



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# Ther-Biotic® Women's Formula

Multispecies probiotic to support a woman's genitourinary microbiota health†

## Indications

Ther-Biotic® Women's Formula is indicated as a support for the genitourinary system of girls and women of all ages by promoting a healthy vulvovaginal microbiota.†

## Formula

Supplement Facts	
Serving Size 1 Capsule	
Amount Per Capsule	
Probiotic Blend (25 billion CFU) in a base of inulin (derived from chicory root)	300 mg*
<b>Lactobacillus species</b>	20 billion CFU*
<i>Lactobacillus acidophilus</i>	
<i>Lactobacillus brevis</i>	
<i>Lactobacillus rhamnosus</i>	
<i>Lactobacillus gasseri</i>	
<i>Lactobacillus casei</i>	
<i>Lactobacillus salivarius</i>	
<i>Lactobacillus plantarum</i>	
<b>Bifidobacterium species</b>	5 billion CFU*
<i>Bifidobacterium bifidum</i>	
<i>Bifidobacterium breve</i>	
<i>Bifidobacterium longum</i>	

\*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), InTactic® proprietary polysaccharide complex, and L-leucine.

## K-TWF 60 vegetarian capsules

## Suggested use

**Adults:** 1 capsule daily with food or as directed by a healthcare professional.

**Children:** As directed by a healthcare professional. **Caution:** If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

## Product supply

60 vegetarian capsules per bottle.

## About InTactic® acid-stable technology

Ther-Biotic® Women's Formula contains InTactic®, a highly purified vegetarian polysaccharide material of marine plant origin which forms a gel-like matrix that surrounds and protects probiotic bacteria from destruction by gastric acid. This allows the friendly probiotic bacteria to survive the stomach acid and be delivered alive into the small intestines where they are released intact to exert their health-promoting function. As a result, high functional potencies of live friendly bacteria are delivered where they are needed.

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## SFI USA

795 Trademark Drive | Reno, NV 89521 USA  
P 775 850 8800 F 775 850 8810 TF 888 488 2488  
[klaire.com](http://klaire.com)

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