

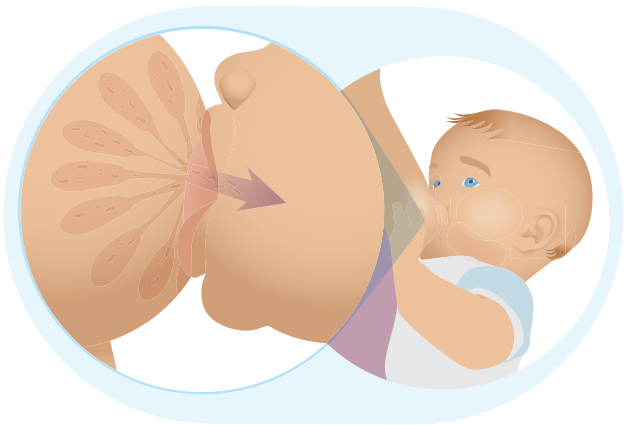
# Target b<sup>2</sup>™

Probiotic that supports lactation comfort and baby immune health

Target b<sup>2</sup> features a friendly bacterium (Hereditum® Lc40, *Lactobacillus fermentum* CECT5716), sourced from healthy human mother's milk. It was selected specifically for its safety and immune-supporting properties.<sup>†1</sup>

## The entero-mammary pathway

When taken orally, this protective microbe, which is normally part of the healthy breastmilk microbiome, exerts additional protective benefits via the enteric-breast circulation, preventing colonization by less desirable bacteria.



## Clinical findings

Controlled, clinical trials have demonstrated that supplementation with *L. fermentum* CECT5716 plays a significant role in prevention and is a more effective approach to resolving lactation-related discomfort than conventional methods.<sup>†2,3</sup> As an added benefit, routine supplementation in pregnancy and throughout nursing provides needed support for mother and child gut microbiome and infant immune system development.<sup>†</sup>

# Target b<sup>2</sup>™

## BREAST AND BABY

Target b<sup>2</sup> with Hereditum Lc40 is a specially formulated probiotic supplement clinically demonstrated to support breast health and comfort during lactation.<sup>†2,3</sup>



### Target b<sup>2</sup>

- 3 billion CFU per capsule
- 1 to 3 capsules per day
- Supports breastfeeding comfort and duration<sup>†2,3</sup>
- Supports infant microbiome and immunity development<sup>†2,4</sup>

Available through your healthcare professional.

1. Lara-Villoslada F, et al. Safety assessment of *Lactobacillus fermentum* CECT5716, a probiotic strain isolated from human milk. *J Dairy Res.* 2009;76(2):216-221.
2. Arroyo R, et al. Treatment of infectious mastitis during lactation: antibiotics versus oral administration of Lactobacilli isolated from breast milk. *Clin Infect Dis.* 2010;50(12):1551-1558.
3. Maldonado-Lobón JA, et al. *Lactobacillus fermentum* CECT5716 reduces *Staphylococcus* load in the breastmilk of lactating mothers suffering breast pain: a randomized controlled trial. *Breastfeed Med.* 2015;10(9):425-432.
4. Martín R, et al. Human milk is a source of lactic acid bacteria for the infant gut. *J Pediatr.* 2003;143(6):754-758.



†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.