



PRODUCT PROSPECTUS

Practice Essentials

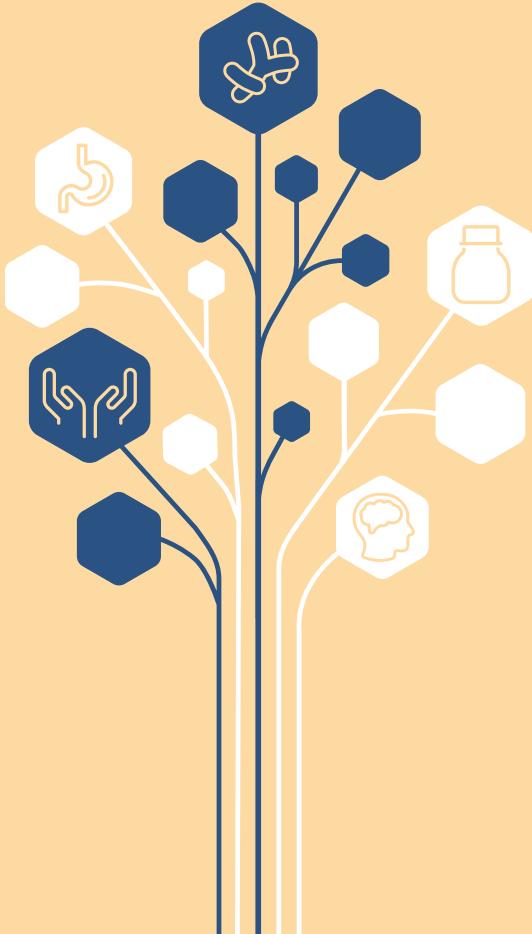


PRACTICE ESSENTIALS

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PURITY | POTENCY | PERFORMANCE



Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of reach of children.

The Klaire Labs® Story



According to all who knew her, Claire Farr was a tireless crusader, genuine humanitarian, and dynamic entrepreneur with a “commitment to excellence for the nutritionally aware.”

In 1969, driven by a personal struggle with severe food allergies and environmental sensitivities, Claire Farr set out on a mission to formulate and manufacture the highest quality, hypoallergenic nutritional supplements possible. As many dedicated entrepreneurs do, Claire set up shop in her own home in Carlsbad, California and Klaire Labs was born.

In her quest to develop a line of nutraceuticals that sensitive individuals could reliably tolerate, Claire initially focused on single ingredient formulations. Unlike most nutritional supplement manufacturers at the time, Claire purchased only pharmaceutical grade raw ingredients selected specifically for maximum purity and bioavailability. She avoided the use of fillers and synthetic ingredients, while focusing on natural and synergistic constituents. The medical community began to take notice.

By this time, demand was growing for environmental, nutrition-focused, and integrative medical practitioners. As such, Claire and her unique products gained the attention and respect of a number of prestigious complementary medicine proponents. Word of consistently reliable outcomes spread, allowing Claire’s home-based start-up to grow into a new manufacturing facility, expanding her capabilities to include bottling and custom formulations. It was not until 1983 that Claire introduced her first probiotic, a product category that ultimately became her most successful. Klaire Labs’ Ther-Biotic® formulations remain a leading professional brand to this day.

In 2004, Klaire Labs was sold to ProThera®, Inc. ProThera, Inc. was in turn acquired by Soho Flordis International (SFI) in 2013. SFI’s philosophy to empower healthcare providers with better, natural options aligned quite naturally with that of Claire Farr. Having dedicated their lives’ work to similar goals, the SFI founders represented a renewed commitment to, and a tangible investment in, Claire’s founding principles.

In 2017, SFI USA (comprised of the three originating companies: ProThera, Inc., Klaire Labs, and Complementary Prescriptions) christened a new >75,000 square foot, state-of-the-art manufacturing facility, including expanded scientific and support resources, advanced quality tools, and modernized processes.

Although SFI has acquired several exceptionally discriminating, independent nutraceutical manufacturers across the globe in recent years, shared values are the common thread. In the spirit of honoring the past as we embrace the future, all products manufactured at SFI USA in Reno, Nevada are now unified under the Klaire Labs brand and guiding philosophy.



Probiotics

Ther-Biotic® Complete

Our most comprehensive, maximum-support probiotic formula

Ther-Biotic Complete is a robust, broad-spectrum, hypoallergenic blend of 12 probiotic species in a base of inulin. Designed to supply a complete component of synergistic and complementary species, each capsule provides 25 billion CFU and each 0.25 teaspoon (1 gram) provides 100 billion CFU protected by our proprietary InTactic® technology for maximum viability throughout the intestinal tract.

- Maximum probiotic support with colonizing and transient strains
- Clean and hypoallergenic for optimal results
- Available in 25B CFU capsules or 100B CFU powder

Capsules

SUGGESTED USE: Adults: 1 capsule daily with food or as directed by a healthcare professional. Children: As directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Probiotic Blend (25 billion CFU) in a base of inulin (derived from chicory root)	280 mg*
<i>Lactobacillus rhamnosus</i>	6.0 billion CFU*
<i>Bifidobacterium bifidum</i>	5.0 billion CFU*
<i>Lactobacillus acidophilus</i>	3.0 billion CFU*
<i>Lactobacillus casei</i>	2.5 billion CFU*
<i>Lactobacillus plantarum</i>	2.0 billion CFU*
<i>Lactobacillus salivarius</i>	2.0 billion CFU*
<i>Bifidobacterium longum</i>	1.0 billion CFU*
<i>Streptococcus thermophilus</i>	1.0 billion CFU*
<i>Lactobacillus bulgaricus</i>	1.0 billion CFU*
<i>Lactobacillus paracasei</i>	0.5 billion CFU*
<i>Bifidobacterium lactis</i>	0.5 billion CFU*
<i>Bifidobacterium breve</i>	0.5 billion CFU*

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), InTactic® proprietary polysaccharide complex, and L-leucine.

V775-06 60 vegetarian capsules

V775-12 120 vegetarian capsules



Powder

SUGGESTED USE: Adults: 1/4 teaspoon daily with food or as directed by a healthcare professional. Children: As directed by a healthcare professional.

Supplement Facts

Serving Size 1/4 Teaspoon (Approx. 1 gram) • Servings Per Container 60

Amount Per 1/4 Teaspoon

Probiotic Blend (100 billion CFU) in a base of inulin (derived from chicory root) and InTactic® proprietary polysaccharide complex	1 g*
<i>Lactobacillus rhamnosus</i>	24.0 billion CFU*
<i>Bifidobacterium bifidum</i>	20.0 billion CFU*
<i>Lactobacillus acidophilus</i>	12.0 billion CFU*
<i>Lactobacillus casei</i>	10.0 billion CFU*
<i>Lactobacillus plantarum</i>	8.0 billion CFU*
<i>Lactobacillus salivarius</i>	8.0 billion CFU*
<i>Bifidobacterium longum</i>	4.0 billion CFU*
<i>Streptococcus thermophilus</i>	4.0 billion CFU*
<i>Lactobacillus bulgaricus</i>	4.0 billion CFU*
<i>Lactobacillus paracasei</i>	2.0 billion CFU*
<i>Bifidobacterium lactis</i>	2.0 billion CFU*
<i>Bifidobacterium breve</i>	2.0 billion CFU*

*Daily Value not established.

Other ingredients: None.

K-TCP 2.25 oz. (64 grams) powder

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Ther-Biotic® Children's Chewable

High-CFU, multispecies chewable probiotic

Ther-Biotic Children's Chewable is a broad-spectrum, hypoallergenic probiotic supplement designed for children 2 years of age and older. Our 25 billion CFU formulation, in a base of inulin, contains 8 total *Lactobacillus* and *Bifidobacterium* species which have been intensively researched and clinically shown to support gastrointestinal health and immune function in children.[†] The pleasant natural flavor makes daily supplementation easy.

- Broad spectrum gastrointestinal and immune support[†]
- Potent daily 25B CFU probiotic blend for anyone preferring a chewable option
- Sweet, natural flavor is ideal for children

SUGGESTED USE: For children 2 years of age and older: Chew 1 tablet daily preferably 30 to 60 minutes following a meal or as directed by a healthcare professional. Not recommended for children less than 2 years of age.

Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	
Probiotic Blend (25 billion CFU) in a base of inulin (derived from chicory root)	224 mg*
<i>Lactobacillus</i> species	17 billion CFU*
<i>Lactobacillus rhamnosus</i>	
<i>Lactobacillus casei</i>	
<i>Lactobacillus salivarius</i>	
<i>Lactobacillus paracasei</i>	
<i>Bifidobacterium</i> species	8 billion CFU*
<i>Bifidobacterium infantis</i>	
<i>Bifidobacterium bifidum</i>	
<i>Bifidobacterium longum</i>	
<i>Bifidobacterium breve</i>	

*Daily Value not established.

Other ingredients: Xylitol, natural cherry flavor, natural vanilla flavor, silicon dioxide, stearic acid, magnesium stearate, and natural licorice extract.



K-TCC 60 chewable tablets

The Ther-Biotic line consists of additional products for specific health needs including:

Ther-Biotic® for Infants

Ther-Biotic for Infants is a 10 species probiotic blend designed to safely meet the metabolic, intestinal, and immune support needs of infants and young children.[†] This formula supports a normal infant microbiota that can be easily disrupted by cesarean section delivery, formula feedings, medications, environmental exposures, or maternal diet.[†]

K-TIF 2.33 oz. (66 grams) powder

Ther-Biotic® Senior Formula

This synergistic blend of 10 probiotic species, in a base of inulin, is designed to support a balanced and diverse microbiota, normal gastrointestinal and immune function for individuals over 60 years of age.[†]

K-TSR 60 vegetarian capsules

Ther-Biotic® Metabolic Formula

Ther-Biotic Metabolic Formula is a blend of 7 select probiotic species, in a base of cellulose, designed to increase intestinal diversity and support healthy metabolism and weight management.[†]

K-MBS 60 vegetarian capsules



Ther-Biotic® Women's Formula

Ther-Biotic Women's Formula is a hypoallergenic blend of 10 species specifically designed to support a woman's genitourinary system.[†] Lactobacilli modulate the mucosal immune response to undesirable microorganisms, secrete biosurfactants to block their adherence and disrupt biofilm formation, and produce lactic acid to promote a healthy vaginal pH.[†]

K-TWF 60 vegetarian capsules

Ther-Biotic® Detoxification Support

Ther-Biotic Detoxification Support is a concentrated 3-species blend specifically designed to complement detoxification protocols.[†] Selected species support endotoxin digestion and toxin uptake reduction through tight junction intestinal barrier support.[†]

V770-06 60 vegetarian capsules

[†] These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Digestive Enzymes

Vital-Zymes Complete and Chewable

Multi-enzyme supplement for extensive digestive support[†]

Our best-selling multi-enzyme formulation offers a comprehensive range of microbial-derived enzymes that work in concert to support normal enzyme activities such as macronutrient digestion, microbiota balance, and inflammation metabolism.[†] The broad-spectrum combination of enzymes in Vital-Zymes supports the complete breakdown, absorption, and utilization of macronutrients from a wide spectrum of foods, including proteins and peptides, complex carbohydrates, disaccharides and sugars, lipids/fats, and vegetable fibers.[†] As such, Vital-Zymes is an important dietary adjunct for individuals who seek to improve nutrient uptake, and for those with occasional indigestion resulting in gas and bloating.[†]

Capsules

SUGGESTED USE: Children: 2 capsules at the beginning of each meal or as directed by a healthcare professional.

Supplement Facts

Serving Size 2 Capsules

Amount Per 2 Capsules

Comprehensive Enzyme Blend	800 mg*
With the following enzyme activity:	
Carbohydrate Specific Enzymes	
Amylase	1,830 BAUΔ
Alpha-Amylase	100 DUA
Glucoamylase (with isomaltase side chain activity)	30 AGUA
Sugar Specific Enzymes	
Lactase	1,500 ALUA
Sucrase (invertase)	400 SUΔ
Maltase (diastase)	200 DP ^Δ
Pullulanase (debranching enzyme with isomaltase side chain activity)	25 UA
Vegetable/Plant Fiber Specific Enzymes	
Cellulase	500 CUA
Hemicellulase/Pectinase/Phytase Complex	200 HSUA
Phytase	10 PUΔ
Beta-Glucanase	20 BGΔ
Alpha-Galactosidase	1,000 AGSUA
Galactomannase	200 HCUA
Protein and Peptide Specific Enzymes	
Acid Proteases	50 SAPUΔ
Alkaline Proteases	50 PCA
Proteases/Peptidase Complex with endopeptidase, exopeptidase, and DPP-IV activity	40,000 HUTΔ
Fat Specific Enzyme	
Lipase	1,500 FIPΔ
Other Enzymes	
Lysozyme (from egg white)	100,000 SHUΔ
Serratia peptidase (enteric-coated) [‡]	2,500 SPUΔ

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), coconut oil powder, and cellulose.

ΔUnits are those used in edition nine (IX) of the Food Chemicals Codex (FCC).

[‡]Peptizyme SP[®], a registered trademark of Specialty Enzymes.

K-VZM 120 vegetarian capsules



Chewable Tablets

SUGGESTED USE: 2 tablets at the beginning of each meal or as directed by a healthcare professional.

Supplement Facts

Serving Size 2 Tablets

Amount Per 2 Tablets

Comprehensive Enzyme Blend	320 mg*
With the following enzyme activity:	
Carbohydrate Specific Enzymes	
Amylase	732 BAUΔ
Alpha-Amylase	40 DUA
Glucoamylase (with isomaltase side chain activity)	12 AGUA
Sugar Specific Enzymes	
Lactase	600 ALUA
Sucrase (invertase)	160 SUΔ
Maltase	80 DP ^Δ
Pullulanase (debranching enzyme with isomaltase side chain activity)	10 UA
Vegetable/Plant Fiber Specific Enzymes	
Cellulase	200 CUA
Hemicellulase/Pectinase/Phytase Complex	80 HSUA
Phytase	4 PUΔ
Beta-Glucanase	8 BGΔ [†]
Alpha-Galactosidase	40 AGSUA
Galactomannase	80 HCUA
Protein and Peptide Specific Enzymes	
Acid Protease	20 SAPUΔ
Alkaline Protease	20 PCA
Protease/Peptidase Complex with endopeptidase, exopeptidase, and DPP-IV activity	16,000 HUTΔ
Fat Specific Enzyme	
Lipase	600 FIPΔ
Other Enzymes	
Serratia peptidase (enteric-coated) [‡]	1,000 SPU

*Daily Value not established.

Other ingredients: Xylitol, mannitol, stearic acid, silicon dioxide, and natural cherry flavor.

ΔUnits are those used in edition nine (IX) of the Food Chemicals Codex (FCC).

[‡]Peptizyme SP[®], a registered trademark of Specialty Enzymes.

K-VCH 180 chewable tablets

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Healthy Fats

Eicosamax®

Our highest-strength, ultra-pure fish oil

Eicosamax, our extra-strength fish oil supplement provides a highly concentrated 70% omega-3 essential fatty acids (EFA) for musculoskeletal, joint, brain, and mood support. It is purified through advanced molecular distillation for optimal freshness and freedom from contaminants. Proprietary processing ensures removal of residual fish proteins and other compounds, providing an exceptional fish oil with a fresh, non-fishy taste. Additionally, Eicosamax includes antioxidants vitamin E and rosemary oil to maintain stability and protect against peroxide formation that can affect taste and reduce health benefits.

The high nutritional density of Eicosamax offers the added convenience of fewer capsules per day, which is particularly desirable when high amounts of omega-3 fatty acids are required to support cardiovascular health, neuroendocrine and cognitive health, and immune functions.

Each batch of Eicosamax is analyzed by an independent, third-party laboratory to verify purity, potency, and freedom from contaminants such as heavy metals, pesticides, solvents, and PCBs. Cholesterol-free. Available in softgels and liquid form.

Softgels

SUGGESTED USE: 1 softgel, 1 to 3 times daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%**
Saturated Fat	<0.5 g	<1%**
Polyunsaturated Fat	1 g	*
Marine Fish Oil Concentrate (anchovy, sardine, and/or mackerel)	1,000 mg	*
Supplying the following omega-3 fatty acids:	Compound Weight Δ	FFA Weight $\Delta\Delta$
Eicosapentaenoic Acid (EPA)	360 mg	330 mg
Docosahexaenoic Acid (DHA)	270 mg	250 mg

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Gelatin, water, glycerin, lemon oil, rosemary oil, canola oil, soybean oil, mixed tocopherols, and citric acid.

Δ Amounts reported as weight of the fatty acid compound.

$\Delta\Delta$ Amounts reported as free fatty acid (FFA) equivalents by weight in accordance with GOED Voluntary Monograph.

EMX 60 softgels

EMX120 120 softgels



Liquid

SUGGESTED USE: 1/2 teaspoon daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1/2 Teaspoon (Approx. 2.5 mL) • Servings Per Container 48

Amount Per 1/2 Teaspoon	% Daily Value	
Calories	20	
Calories from Fat	20	
Total Fat	2 g	3%**
Polysaturated Fat	2 g	*
Marine Fish Oil Concentrate (anchovy, sardine and/or mackerel)	2,222 mg	*
Supplying the following omega-3 fatty acids:	Compound Weight Δ	FFA Weight $\Delta\Delta$
Eicosapentaenoic Acid (EPA)	800 mg	734 mg
Docosahexaenoic Acid (DHA)	600 mg	556 mg

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Natural mixed tocopherol vitamin E from soy, natural lemon oil, and rosemary extract.

Δ Amounts reported as weight of the fatty acid compound.

$\Delta\Delta$ Amounts reported as free fatty acid (FFA) equivalents by weight in accordance with GOED Voluntary Monograph.

EML 4 fluid oz. (120 mL)

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Vitamins & Minerals

MultiThera® 1 Capsule Formula

Comprehensive micronutrient essentials, iron-free

MultiThera is a complete multivitamin and mineral supplement containing over 30 essential nutrients in the clinically meaningful amounts and ratios. Each formulation was developed based on scientific evidence, clinical research, and bioavailability with specific attention to safety, efficacy, and clean/hypoallergenic label claims. The 1:1 calcium to magnesium ratio, high amounts of vitamins E, C, D₃, and B-complex, bioactive forms of folate and vitamin B₁₂, extra pantothenic acid for adrenal support,[†] and full complement of trace elements distinguish this formula from ordinary multiple vitamins. Copper is included to support SOD antioxidant enzyme activity and to maintain a healthy balance with zinc. A clear, easy-swallow water-soluble cellulose coating protects ingredient stability and each batch is tested to USP standards for tablet disintegration and bioavailability.

This iron-free formula option is suitable for most adults. MultiThera 1 is especially recommended for men, postmenopausal women, and women with light or normal menstrual flow who may not need supplemental iron.



SUGGESTED USE: Adults: 6 capsules with food or as directed by a healthcare professional. **Children 4 to 14 years:** Take up to 3 capsules daily. **Children less than 4 years of age:** As directed by a healthcare professional.

Supplement Facts

Serving Size 6 Capsules

Amount Per 6 Capsules	% Daily Value		Amount Per 6 Capsules	% Daily Value	
Vitamin A (64% (1,500 mcg RAE) as natural carotenes (beta-cryptoxanthin, alpha-carotene and beta-cryptoxanthin) from <i>D. salina</i> and 36% (750 mcg RAE) as vitamin A palmitate)	2,250 mcg RAE	250%	Magnesium (75% as dimagnesium malate and 25% as TRAACS® magnesium bisglycinate chelate [‡])	250 mg	60%
Vitamin C (as ascorbic acid)	750 mg	833%	Zinc (as zinc arginate chelate [¶])	15 mg	136%
Vitamin D ₃ (as cholecalciferol)	25 mcg	125%	Selenium (as L-selenomethionine)	200 mcg	364%
Vitamin E (as RRR-alpha tocopheryl acid succinate, RRR-alpha-tocopherol)	268 mg	1,787%	Copper (as copper bisglycinate chelate [¶])	2 mg	222%
Thiamin (as thiamin HCl)	50 mg	4,167%	Manganese (as manganese bisglycinate chelate [¶])	2 mg	87%
Riboflavin	25 mg	1,923%	Chromium (as chromium nicotinate glycinate chelate [¶])	200 mcg	571%
Niacin (75% as niacinamide, 25% as niacin)	100 mg NE	625%	Molybdenum (as molybdenum glycinate chelate [¶])	150 mcg	333%
Vitamin B ₆ (as pyridoxine HCl)	25 mg	1,471%	Boron (as boron aspartate-citrate)	2 mg	*
Folate (as Metafolin® L-5-methyltetrahydrofolate)	1,360 mcg DFE (800 mcg)	340%	Vanadium (as bisglycinato oxovanadium)	100 mcg	*
Vitamin B ₁₂ (as methylcobalamin)	200 mcg	8,333%	Inositol	25 mg	*
Biotin (D-biotin)	300 mcg	1,000%	para-Aminobenzoic Acid	50 mg	*
Pantothenic Acid (as calcium D-pantothenate)	150 mg	3,000%	Citrus Bioflavonoids Complex (85 mg as citrus bioflavonoid extract (<i>Citrus aurantium</i>) (fruit/peel) (standardized to 50% hesperidin bioflavonoids) and 15 mg as hesperidin methyl chalcone (derived from <i>Citrus aurantium</i> extract) (fruit))	100 mg	*
Choline (as choline bitartrate)	100 mg	18%	Natural Mixed Tocopherols (RRR-beta, RRR-delta, RRR-gamma)	8 mg	*
Calcium (91% as calcium citrate-malate complex and 9% as calcium D-pantothenate)	192 mg	15%	Natural Mixed Carotenoids (lutein and zeaxanthin from <i>D. salina</i>)	30 mcg	*
Iodine (from kelp)	150 mcg	100%	*Daily Value not established.		

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), silicon dioxide, L-leucine, and natural citrus flavor.

[‡]Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

[¶]Albion® Laboratories.

^{||}Vitamin E derived from highly refined soy oil that has soy protein removed. Formulated to be hypoallergenic.

MT1C (no vitamin K) 180 capsules

MultiThera® 2 Plus Iron

Iron-fortified formula

Individuals with a need for supplemental iron are the best candidates for this iron-containing version of MultiThera. We use Albion® iron amino acid chelate, a bisglycinate compound with exceptional GI tolerance and bioavailability.

SUGGESTED USE: Adults: 6 tablets daily with food. **Children 4 to 14:** Take up to 3 tablets daily with food or as directed by healthcare professional. **Children less than 4 years of age:** As directed by healthcare professional.



Supplement Facts

Serving Size 6 Tablets

Amount Per 6 Tablets	% Daily Value	
Vitamin A (86% (4,500 mcg RAE) as natural carotenes (beta-carotene, alpha-carotene, and beta-cryptoxanthin) from <i>D. salina</i> and 14% (750 mcg RAE) as vitamin A palmitate)	5,250 mcg RAE	583%
Vitamin C (as ascorbic acid)	1,200 mg	1,333%
Vitamin D ₃ (as cholecalciferol)	25 mcg	125%
Vitamin E (as RRR-alpha-tocopherol acid succinate, RRR-alpha-tocopherol) ^{††}	268 mg	1,787%
Vitamin K (67% as vitamin K ₁ (phytonadione) and 33% as vitamin K ₂ (menaquinone-7))	60 mcg	50%
Thiamin (as thiamin HCl)	100 mg	8,333%
Riboflavin	50 mg	3,846%
Niacin (75% as niacinamide, 25% as niacin)	200 mg NE	1,250%
Vitamin B ₆ (as pyridoxine HCl)	50 mg	2,941%
Folate (as Metafolin ^{††} L-5-methyltetrahydrofolate)	1,360 mcg DFE (800 mcg)	340%
Vitamin B ₁₂ (as methylcobalamin)	200 mcg	8,333%
Biotin (D-biotin)	300 mcg	1,000%
Pantothenic Acid (as calcium D-pantothenate)	400 mg	8,000%
Choline (as choline bitartrate)	150 mg	27%
Calcium (82% as calcium citrate-malate complex and 18% as calcium D-pantothenate)	253 mg	19%
Iron (as Ferrochel ^{††} ferrous bisglycinate chelate) ^{††}	20 mg	111%
Iodine (from kelp)	150 mcg	100%
Magnesium (75% as dimagnesium malate and 25% as TRAACS [®] magnesium bisglycinate chelate) ^{††}	200 mg	48%
Zinc (as zinc arginate chelate) ^{††}	15 mg	136%
Selenium (as L-selenomethionine)	200 mcg	364%
Copper (as copper bisglycinate chelate) ^{††}	2 mg	222%
Manganese (as manganese bisglycinate chelate) ^{††}	2 mg	87%
Chromium (as chromium nicotinate glycinate chelate) ^{††}	200 mcg	571%
Molybdenum (as molybdenum glycinate chelate) ^{††}	150 mcg	333%
Boron (as boron aspartate-citrate)	2 mg	*
Vanadium (as bisglycinato oxovanadium)	100 mcg	*
Inositol	50 mg	*
para-Aminobenzoic Acid	50 mg	*
Citrus Bioflavonoid Complex (85 mg as citrus bioflavonoid extract (<i>Citrus aurantium</i>) (fruit/peel) (standardized to 50% hesperidin bioflavonoids) and 15 mg as hesperidin methyl chalcone (derived from <i>Citrus aurantium</i> extract) (fruit))	100 mg	*
Natural Mixed Tocopherols (RRR-beta, RRR-delta, RRR-gamma) ^{††}	8 mg	*
Natural Mixed Carotenoids (lutein and zeaxanthin from <i>D. salina</i>)	100 mcg	*

*Daily Value not established.

Other ingredients: Silicified microcrystalline cellulose, croscarmellose sodium, stearic acid, silicon dioxide, Opadry® coating, magnesium stearate, and natural citrus flavor.

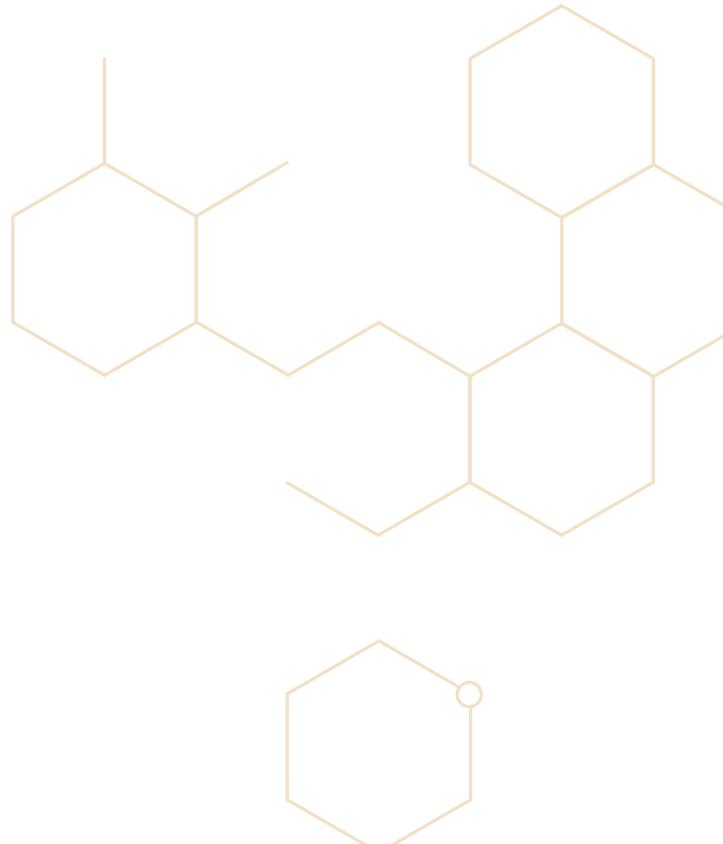
[†]Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt, Germany.

^{††}Albion[®] Laboratories.

^{††}Vitamin E derived from highly refined soy oil that has soy protein removed. Formulated to be hypoallergenic.

MT2 180 tablets

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under the age of 6. KEEP OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Vitamins & Minerals (cont)

Vitamin D₃ (5,000 IU)

High-potency D₃ support for musculoskeletal, cardiovascular, and immune health[†]

Given that inadequate vitamin D intake is so commonplace, nutritional supplementation plays an important health role for many patients. Beyond calcium absorption and bone health, vitamin D₃ supports many important physiologic roles including inflammation modulation, neuromuscular function, immune cell signaling, cognitive performance, healthy glucose levels, and cell growth and differentiation.[†]

SUGGESTED USE: 1 capsule daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	% Daily Value
Vitamin D ₃ (as cholecalciferol) 125 mcg	625%

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), cellulose, L-leucine, and silicon dioxide.



VTD5 100 capsules

Vitamin D₃ Liquid (5,000 IU)

High-potency D₃ support in a convenient liquid form

Vitamin D₃ offers a broad range of health benefits beyond its role in bone health, as it may positively impact heart and arterial health, immune system function, maintenance of healthy glucose levels, and cognitive performance when incorporated as part of the diet.[†] Each 1 mL dropper provides 5,000 IU of vitamin D₃, formulated in hypoallergenic, easy-to-absorb medium chain triglyceride (MCT) oil. Ideal for individuals who prefer a liquid over capsules.

SUGGESTED USE: 1 dropperful (1.0 mL) daily or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Dropperful (Approx. 1 mL) • Servings Per Container 120

Amount Per 1 Dropperful	% Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%**
Saturated Fat	1 g	5%**
Vitamin D (as cholecalciferol)	125 mcg	625%

**Percent Daily Values are based on a 2,000 calorie diet.

Other ingredients: Medium chain triglycerides (MCT Oil).



CP3095 4 fluid oz. (120 mL)

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Active B Complex™

Optimal support directly usable by the human body

Active B Complex supplies a full complement of high-potency essential B vitamins in their coenzyme forms, providing optimal support directly usable by the human body. Methylcobalamin requires no conversion in order to act as a metabolic cofactor, and thus may be a superior choice for individuals wishing to improve absorption, blood transport, and cellular utilization of vitamin B₁₂.[†] Inclusion of Metafolin®[‡] L-5-methyltetrahydrofolate (L-5-MTHF), a reduced and bioactive form of folic acid, ensures more immediate effects on metabolism.[†] Benfotiamine, the lipid-soluble form of B₁, is also included together with active forms of B₂ (as riboflavin 5'-phosphate) and B₆ (as pyridoxal 5'-phosphate).

SUGGESTED USE: 1 capsule daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	% Daily Value	
Thiamin (as benfotiamine)	50 mg	4,167%
Riboflavin (as riboflavin 5'-phosphate)	20 mg	1,538%
Niacin (67% as niacinamide and 33% as niacin)	60 mg NE	375%
Vitamin B ₆ (as pyridoxal 5'-phosphate)	20 mg	1,176%
Folate (as Metafolin® L-5-methyltetrahydrofolate)	680 mcg DFE (400 mcg)	170%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%
Biotin (as D-biotin)	300 mcg	1,000%
Pantothenic Acid (as calcium D-pantothenate)	50 mg	1,000%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water) microcrystalline cellulose, and silicon dioxide.

[†]Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.



ABC 60 capsules



Magnesium Glycinate Complex

Bisglycinate chelated magnesium, well-tolerated and easily absorbed

Magnesium bisglycinate chelate is a highly bioavailable form of elemental magnesium that is well-tolerated even by the most sensitive individuals. For many people, the RDA is not sufficient, and most Western diets do not provide optimal amounts of this critical nutrient. Magnesium supplementation has been shown to have a wide range of clinical applications, including supporting healthy muscular and neurological function, cardiovascular and digestive function, and healthy sleep and relaxation.[†]

SUGGESTED USE: 1 capsule, 1 to 3 times daily or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	% Daily Value	
Magnesium (as TRAACS® magnesium bisglycinate chelate, magnesium oxide [‡])	100 mg	24%

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, and silicon dioxide.

[‡]Albion® Laboratories.

V827-10 100 vegetarian capsules



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Vitamins & Minerals (cont)

Magnesium Chelate Powder

Bisglycinate chelated magnesium in fast-dissolving powder

This convenient powder contains magnesium bisglycinate chelate, a highly bioavailable magnesium that is well-tolerated by even the most sensitive individuals. It mixes easily in water or juice and dissolves rapidly and completely. No flavors or sweeteners added.

SUGGESTED USE: 1 scoop, 1 to 2 times daily mixed with water, juice, food, or as directed by healthcare professional.



Supplement Facts

Serving Size 1 Scoop (Approx. 2.5 grams) • Servings Per Container 120

Amount Per Scoop	% Daily Value
Magnesium (as TRAACS® magnesium bisglycinate chelate) [†]	200 mg 48%

Other ingredients: Citric acid and silicon dioxide.

[†]Albion® Laboratories.

MCP 10.58 oz. (300 grams) powder

OsteoThera™

Multi-nutrient support for bone health[†]

OsteoThera is a unique formula that provides highly bioavailable forms of essential minerals needed to maintain healthy bones, plus synergistic vitamins to enhance calcium absorption.[†] This multi-nutrient bone support blend contains repetitive chelated calcium, as well as vitamin D and K, to support healthy bone mineral density; magnesium to support bone strength and remodeling; and boron to support mineral metabolism, steroid synthesis, and modulation of vitamin D.[†]

OsteoThera was formulated with a three-fold purpose: 1) to help teenagers and young adult women optimize bone mass; 2) to support and maintain bone mineral density in older women; and 3) to support pregnant women to meet their increased requirements for calcium during pregnancy.[†] OsteoThera is formulated to combine with average amounts of calcium and magnesium in the diet for the maintenance of healthy bone structure and integrity.[†]



SUGGESTED USE: 2 tablets or capsules, 2 times daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 2 Tablets or 2 Capsules

Amount Per 2 Tablets or 2 Capsules	% Daily Value
Vitamin D ₃ (as cholecalciferol)	5 mcg 25%
Vitamin K (50% as vitamin K ₁ phytomenadione, 25% as vitamin K ₂ menaquinone-4, and 25% as vitamin K ₂ menaquinone-7)	200 mcg 167%
Calcium (as calcium citrate-malate)	250 mg 19%
Magnesium (as TRAACS® magnesium bisglycinate chelate, magnesium oxide [†])	100 mg 24%
Boron (as boron aspartate-citrate)	0.5 mg *

*Daily Value not established.

Other ingredients: **Tablets:** Microcrystalline cellulose, Opadry® coating, croscarmellose sodium, stearic acid, silicon dioxide, and magnesium stearate. **Capsules:** Vegetarian capsule (hydroxypropyl methylcellulose, water), cellulose, and L-leucine.

[†]Albion® Laboratories.



OST1 120 tablets

OSTC 120 capsules

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Coenzyme Q₁₀

CoQH™ (100 mg)

Reduced ubiquinol form of CoQ₁₀

Two beneficial forms of coenzyme Q₁₀ (CoQ₁₀), ubiquinone and ubiquinol, are continually recycled in the body. Ubiquinol acts as a powerful antioxidant in mitochondria and lipid membranes.[†] Both ubiquinol and ubiquinone are needed for efficient production of ATP. This formula is specifically indicated for individuals unable to efficiently reduce ubiquinone. CoQH also contains ubiquinol, solubilized in d-limonene oil and stabilized with natural emulsifying agents, which can be directly utilized by the body.

SUGGESTED USE: 1 softgel, 1 to 2 times daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	50 mg	100 mg
Ubiquinol [‡] (reduced form of Coenzyme Q ₁₀)	50 mg*	100 mg*

*Daily Value not established.

Other ingredients: CQH: d-limonene oil, gelatin, glycerin, water, caprylic acid, caramel, capric acid, and alpha-lipoic acid. CQH1: d-limonene oil, gelatin, glycerin, water, caprylic acid, capric acid, caramel, and alpha-lipoic acid.

[‡]KanekaQH™ reduced form of coenzyme Q₁₀. KanekaQH™ is a trademark of Kaneka Corporation.

CQH (50 mg) 60 softgels

CQH1 (100 mg) 60 softgels



CoEnzyme Q₁₀ (150 mg)

Supports cellular energy, cardiovascular and neurological health[†]

An essential fat-soluble antioxidant, coenzyme Q₁₀ (CoQ₁₀) is a necessary component in cellular energy production and required for a variety of physiologic functions, including as a cofactor in the electron-transport chain and in the synthesis of ATP. Especially supportive of tissues with high energy requirements, such as the brain and heart, studies have shown CoQ₁₀ increases immune resistance, supports cardiovascular and neurological functions, and preserves immune system health, particularly in the aged.[†] Each vegetarian capsule provides 150 mg of pure ubiquinone.

SUGGESTED USE: 1 capsule, 1 to 2 times daily with food or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	
Coenzyme Q ₁₀ (as ubiquinone)	150 mg*

*Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), and magnesium stearate.

CP6303 60 vegetarian capsules



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Inflammation & Immune Support

InflaThera™

A unique phytonutrient mixture to help regulate inflammatory response[†]

The body's ability to maintain balanced inflammation metabolism—via cytokines, interleukins, and cyclooxygenase enzymes among many other mediators—is critical to health and physical comfort. In fact, these metabolic intermediates play a crucial role in supporting cardiovascular, immune, neurological, joint, and connective tissue functions.

The herbal extracts in InflaThera contain multiple, beneficial compounds with documented ability to help modulate enzymes, scavenge free radicals, and promote physiological balance in susceptible tissues in a safe and harmonious fashion.[†] Meriva® brand turmeric, a key ingredient in InflaThera, is a complex of turmeric and phosphatidylcholine, a bioavailable “phytosome” that is significantly better absorbed than ordinary turmeric.[†] InflaThera is a powerful, synergistic combination that augments the actions of MultiThera multivitamin formulas and can be useful for individuals with diverse health needs.

SUGGESTED USE: 1 capsule, 2 times daily with food or as directed by a healthcare professional.



Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Turmeric Phytosome [‡] (<i>Curcuma longa</i> extract) (rhizome) (standardized to 18% curcuminoids), Phosphatidylcholine Complex	250 mg*
Rosemary Extract (<i>Rosmarinus officinalis</i>) (leaf) (standardized to 6% carnosic acid)	100 mg*
Holy Basil Extract (<i>Ocimum tenuiflorum</i>) (leaf) (standardized to 2% ursolic acid)	100 mg*
Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (standardized to 50% total polyphenols)	100 mg*
Ginger Extract (<i>Zingiber officinale</i>) (rhizome) (standardized to 5% gingerols)	50 mg*
Goldthread Extract (<i>Coptis chinensis</i>) (rhizome) (standardized to 20% alkaloids, as berberine)	12.5 mg*
Barberry Extract (<i>Berberis vulgaris</i>) (root, bark) (standardized to 6% berberine)	25 mg*
Skullcap Extract (<i>Scutellaria baicalensis</i>) (root) (standardized to 30% baicalins)	13 mg*
Japanese Knotweed Extract (<i>Polygonum cuspidatum</i>) (root) (standardized to 50% trans-resveratrol)	2 mg*

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), maltodextrin, starch, L-leucine, and calcium carbonate.

[‡]Meriva® brand bioavailable curcumin. Meriva® is a registered trademark of Indena S.p.A., Italy.

CONTAINS SOY.

INF 60 capsules



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Turmeric 500

High-potency Meriva® turmeric phytosome complex

Meriva is a highly potent turmeric extract that is complexed with a phosphatidylcholine into a “phytosome” to increase curcumin stability and enhance its oral absorption by over 20-fold. This unique blend helps to maximize curcumin’s powerful, protective benefits on tissues throughout the body.[†] Turmeric 500 delivers 500 mg of Meriva phytosome complex per capsule for situations where extra amounts of highly bioavailable curcumin may be useful.

Curcumin, the main active constituent of turmeric (*Curcuma longa*), is a substance known for its powerful antioxidant properties and influence over inflammation metabolism. Curcumin powerfully modulates cytokines and other mediators involved in inflammation metabolism. Known to support musculoskeletal, neurologic, and cardiovascular structure and function, turmeric has rich use history and strong , emerging clinical evidence supporting mood balance and healthy inflammation.[†]

SUGGESTED USE: 1 capsule, 1 to 2 times daily with food or as directed by a healthcare professional.



Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Turmeric Phytosome™*(<i>Curcuma longa</i> extract) (rhizome) (standardized to 18% curcuminoids), Phosphatidylcholine Complex	500 mg*
--	---------

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), silicified microcrystalline cellulose, and calcium carbonate.



[†]Meriva® bioavailable curcumin. Meriva® is a registered trademark of Indena S.p.A., Italy.

CONTAINS SOY.

TRM5 100 capsules

ImmunoMax 24/7™

Concentrated mushroom extracts and green tea leaf to support balanced immune response[†]

ImmunoMax 24/7 powerfully supports immune health with a blend of highly researched and effective concentrated mushroom extracts combined with the polyphenol nutrient support of green tea.[†] Each tablet of ImmunoMax 24/7 contains over 300 mg beta 1,3/1,6 d-glucan and supplies a range of bioactive compounds that have been shown to potentiate immune response.[†] Grown in the USA under rigidly controlled conditions, these extracts are made with 100% certified organic ingredients.

SUGGESTED USE: 2 tablets per day.

Supplement Facts

Serving Size 2 Tablets

Amount Per 2 Tablets

ImmunoMax 24/7™ Proprietary Blend Concentrated extracts of: <i>Agaricus blazei</i> , <i>Cordyceps (Cordyceps sinensis)</i> , <i>Coriolus versicolor</i> , <i>Maitake (Grifola frondosa)</i> , <i>Shiitake (Lentinula edodes)</i> , <i>Reishi (Ganoderma lucidum)</i> , and green tea leaf.	1.6 g*
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*Daily Value not established.

Other ingredients: Silica from rice, maltodextrin, tapioca syrup tablet coating, and carnauba wax.

CP8295 90 tablets



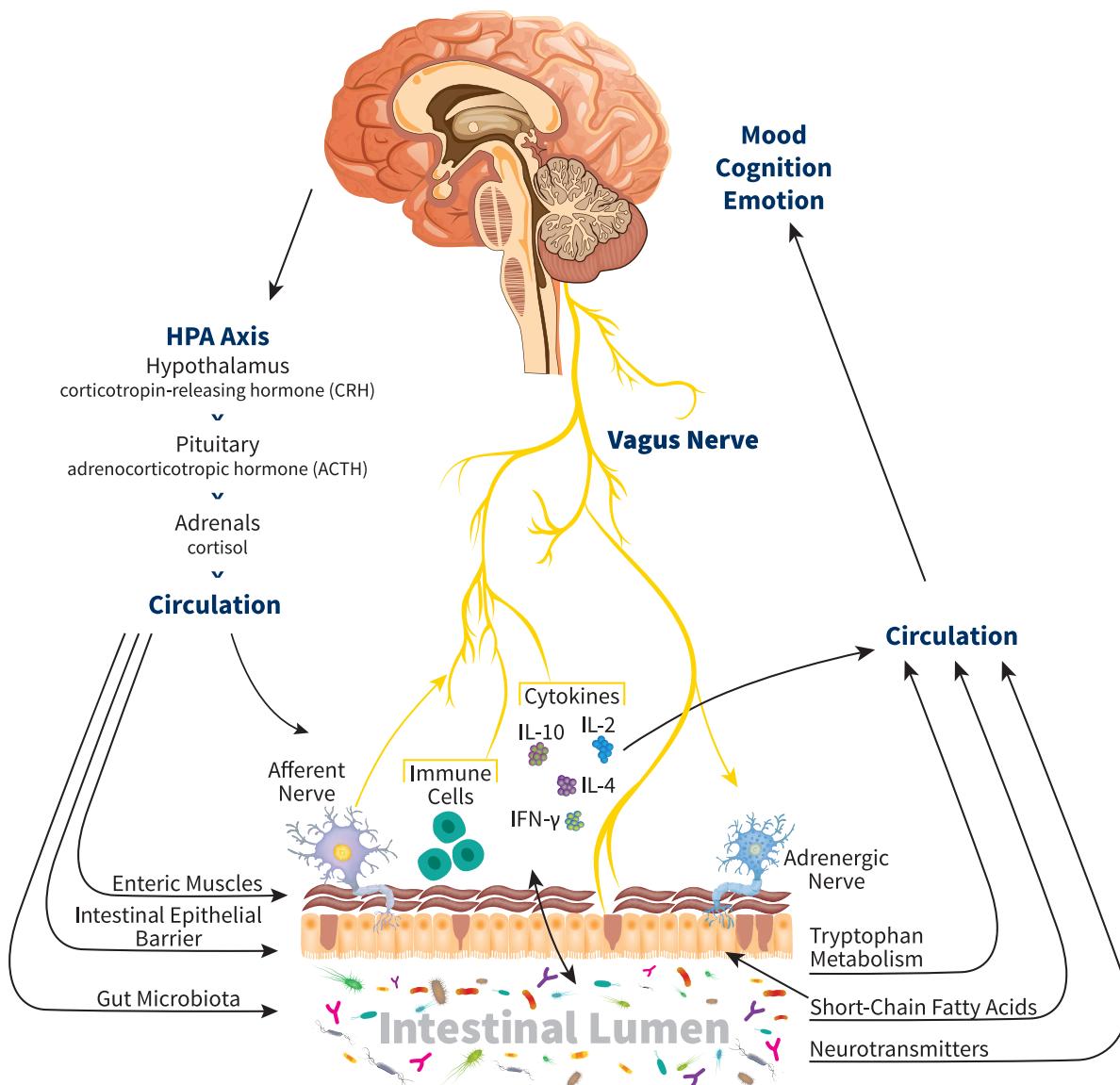
† These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Stress & Mood Support

The Gut-Brain Axis

The gut-brain axis is a communication network that links the central nervous system (CNS) with the enteric nervous system (ENS). The anatomical network includes the brain and spinal cord, autonomic nervous system (ANS), hypothalamic-pituitary-adrenal (HPA) axis, and the innervation of the enteric nervous system. Both neural and hormonal routes of communication allow the brain to influence intestinal activities, including activity of

functional effector cells (i.e., immune cells, epithelial cells, enteric neurons, smooth muscle cells, interstitial cells, etc.). Moreover, the gut microbiome has demonstrated a profound influence over the central and peripheral nervous systems through several mechanisms, including tight junction barrier function support, cytokine production, inflammatory modulation, and serotonin production.^{1,2}



¹These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Target gb-X™

A targeted probiotic blend clinically demonstrated to support mood[†]

Target gb-X is a probiotic supplement specifically designed to support positive mood by influencing the gut-brain axis through the microbiome. It is powered by Ecologic BARRIER, a 5 billion CFU blend of 9 probiotic strains, that has been clinically shown to decrease cognitive reactivity to sad mood, rumination, negative thoughts, and aggressive thinking.³ Heightened cognitive reactivity to sad mood is an established risk factor for more serious mood alterations in otherwise healthy individuals, and is therefore considered an important target for interventions.



SUGGESTED USE: Dissolve the contents of 1 sachet in approximately 3-4 oz. of lukewarm water or mix with a dairy product such as milk or yogurt. Gently stir before consuming. Take on an empty stomach in the morning, before bed, or as directed by a healthcare professional. Suitable for children from the age of 1 year. **Caution:** When antibiotics are used, wait 2-3 hours before using this product. If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your healthcare professional before using this product. Keep out of the reach of children.

Supplement Facts

Serving Size 1 Sachet (Approx. 2 g) • Servings Per Container 30

Amount Per Sachet	% Daily Value
Calories	5
Total Carbohydrate	2 g <1%**
Sodium	70 mg 3%
Potassium (as potassium chloride)	35 mg <1%
Ecologic BARRIER Probiotic Blend (5 billion CFU)	2 g
<i>Lactobacillus casei</i> W56	*
<i>Lactobacillus acidophilus</i> W37	*
<i>Lactobacillus brevis</i> W63	*
<i>Lactococcus lactis</i> ssp. <i>lactis</i> W58	*
<i>Bifidobacterium animalis</i> ssp. <i>lactis</i> W52	*
<i>Lactococcus lactis</i> ssp. <i>lactis</i> W19	*
<i>Lactobacillus salivarius</i> W24	*
<i>Bifidobacterium bifidum</i> W23	*
<i>Bifidobacterium lactis</i> W51	*

*Daily Value not established.

**Percent Daily Values are based on a 2,000 calories diet.

Other ingredients: Maize starch, maltodextrin, inulin, polydextrose, vegetable protein, magnesium sulfate, and manganese sulfate.

GBX 30 sachets

Target gb-X Formulation

Function	<i>L. casei</i> W56	<i>L. acidophilus</i> W37	<i>L. brevis</i> W63	<i>Lc. lactis</i> W58	<i>B. lactis</i> W52	<i>Lc. lactis</i> W19	<i>L. salivarius</i> W24	<i>B. bifidum</i> W23	<i>B. lactis</i> W51
Epithelial barrier function strengthening [†]		X	X			X		X	
Cytokine modulation [†]	X			X	X			X	X
Mast cell integrity support [†]	X				X		X	X	
Circulating lipopolysaccharide suppression [†]		X				X		X	

[†] These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Stress & Mood Support (cont)

Cortisol Management[†]

Helps the body balance stress hormones[†]

As part of the hypothalamic-pituitary-adrenal (HPA) axis, the adrenal glands are responsible for releasing cortisol (glucocorticoid), that governs the body's response to stress and low blood sugar. Research has demonstrated that maladaptive elevations in cortisol can adversely impact a wide range of functions, including learning and memory, immune function, bone density, blood pressure, and cholesterol, among many others.

Cortisol Management[†] is a unique combination of two patented botanicals to support healthy cortisol metabolism. It contains Relora[®], a proprietary blend of magnolia (*Magnolia officinalis*), standardized for honokiol content, and Phellodendron (*Phellodendron amurense*) bark. Relora has been shown to help control stress-related eating and promote relaxation, while being non-sedating.[†] Cortisol Management[†] also contains Sensoril[®], a proprietary extract of ashwagandha (*Withania somnifera*), an ancient restorative and rejuvenating adaptogen that helps the body cope with stress.[†]

SUGGESTED USE: 1 capsule, 3 times daily with food or as directed by a healthcare professional.



Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule

Relora ^{®*} (Proprietary blend of bark extracts of <i>Magnolia officinalis</i> and <i>Phellodendron amurense</i>)	250 mg*
Honokiol	4 mg*
Sensoril ^{®††} Ashwagandha (<i>Withania somnifera</i>) (root and leaf)	85 mg*

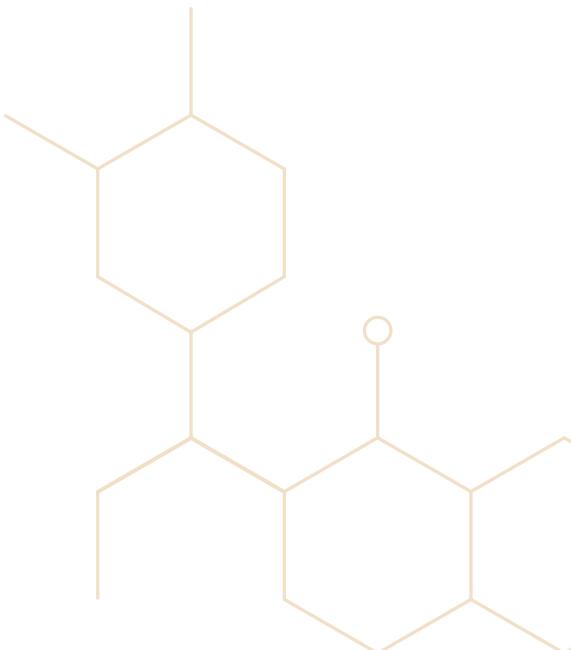
*Daily Value not established.

Other ingredients: Starch, vegetarian capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, and silicon dioxide.

[†]Relora[®] is a registered trademark of InterHealth N.I. Relora[®] brand *Magnolia officinalis* and *Phellodendron amurense* (U.S. Patents 6,582,735 and 6,814,987).

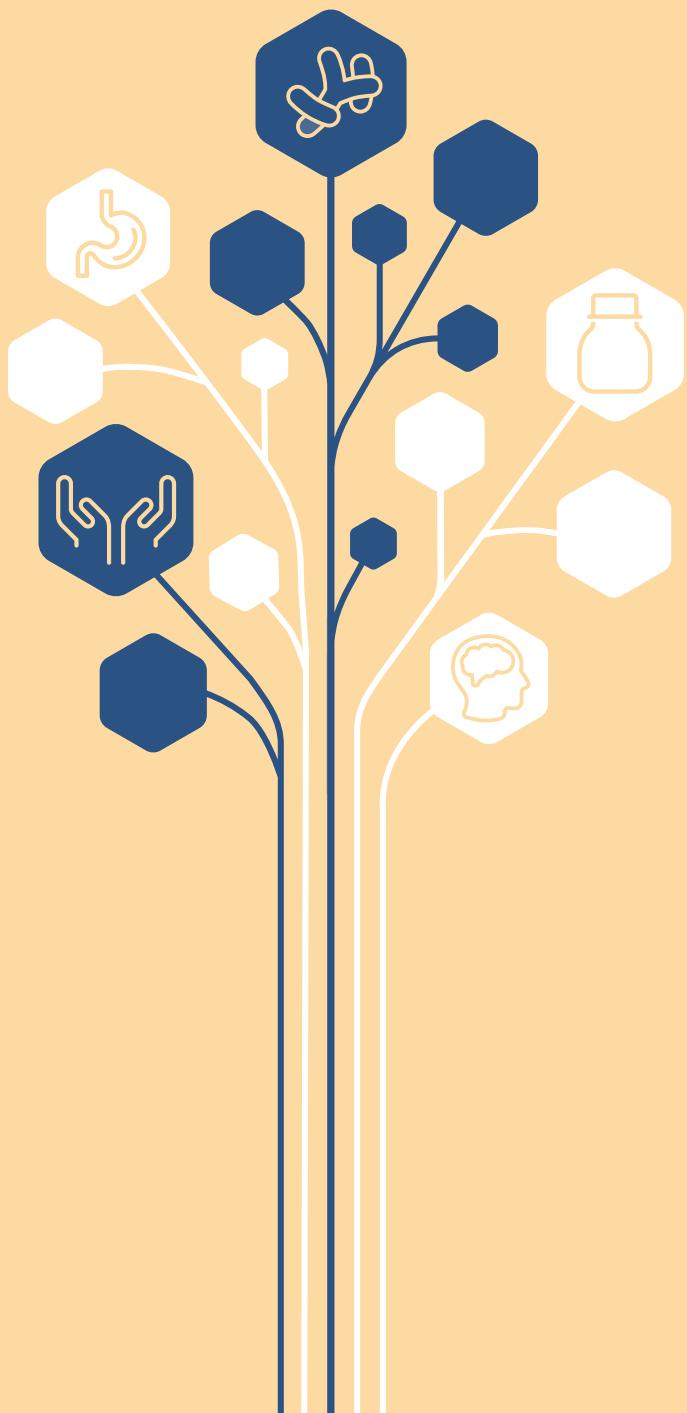
^{††}Sensoril[®] is protected under U.S. Patents 6,153,198 & 7,318,938 and is a registered trademark of Natreon, Inc.

CP7380 90 capsules



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

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†These statements have not been evaluated by the Food and Drug Administration.
These products are not intended to diagnose, treat, cure, or prevent any disease.



PRODUCT PROSPECTUS

1. Bron PA, et al. Can probiotics modulate human disease by impacting intestinal barrier function? *Br J Nutr.* 2017 Jan 14; 117(1):93-107.
2. Wallace CJK, Milev R. The effects of probiotics on depressive symptoms in humans: a systematic review. *Ann Gen Psychiatry.* 2017;16:14.
3. Steenbergen L, et al. A randomized controlled trial to test the effect of multispecies probiotics on cognitive reactivity to sad mood. *Brain Behav Immun.* 2015 Aug;48:258-64.

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P 775 850 8800 F 775 850 8810 TF 888 488 2488
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